


November Lunch

Health 2017

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | 1 BBQ Chicken Sandwich Served with Potato Wedges and Fresh Fruit | 2 Green Chili Cheese Enchiladas Served with Shredded Lettuce, Pinto Beans and Fresh Fruit | 3 Pepperoni or Cheese Pizza Served with Raw Veggies, Ranch and Fresh Fruit |
| 6 Chicken Nuggets and French Fries Served with Fresh Fruit | 7 Bean and Cheese Burrito Served with Homemade Potatoes and Fresh Fruit | 8 Sesame Chicken Lo Mein Served with Mandarin Oranges | 9 Beef Enchiladas Served with Shredded Lettuce, Pinto Beans and Fresh Fruit | 10 Creamy Chicken and Wild Rice Served with Veggie and Fresh Fruit |
| 13 Club Sandwich Served with Baby Carrots, Ranch and Fresh Fruit | 14 Frito Pie Served with a Garden Salad and Fresh Fruit | 15 Crispy Tacos with Shredded Lettuce, Pinto Beans, Salsa and Fresh Fruit | 16 Green Chili Stew Served with a Tortilla and Fresh Fruit | 17 Beef Hotdogs Served with a Garden Salad and Fresh Fruit |
| 20 <i>Thanksgiving Feast</i> <i>Turkey, Mashed Potatoes, Gravy, Hawaiian roll, and Pumpkin Pie</i> | 21 Baked Ziti Served with a Garden Salad and Fresh Fruit | 22  | 23 <i>Thanksgiving Break</i> | 24 |
| 27 Grilled Cheese Sandwich Served with Chef Salad and Fresh Fruit | 28 Beef and Bean Nachos Served with Lettuce, Tomatoes, Jalapenos (optional), and Fresh Fruit | 29 Spaghetti and Meat Marinara Served with Garlic Bread, Garden Salad and Fresh Fruit | 30 Teriyaki Chicken Served with Veggie Fried Rice and Fresh Fruit | 1 Hawaiian or Cheese Pizza Served with Raw Veggies, Ranch and Fresh Fruit |